

TOUCH Delegation-Suggested List of Items to Take

- ❑ Passport (Driver's license optional)
- ❑ Copy of passport
- ❑ Airline Tickets
- ❑ Boarding passes if printed pre-flight
- ❑ Itinerary
- ❑ Frequent Flyer Cards
- ❑ Credit/ATM Card & Pin Numbers
- ❑ Currency
- ❑ Money Belt or Pouch
- ❑ Emergency Information
- ❑ TOUCH Notebook/papers
- ❑ Phone Card & Country Access Codes
- ❑ Small Backpack for day trips
- ❑ Camera and batteries, charger
- ❑ Eye Glasses, if needed
- ❑ Contact Supplies, if needed
- ❑ Sun Glasses, if desired
- ❑ Travel Alarm
- ❑ Journal
- ❑ Small Scissor, stapler, scotch tape
- ❑ Comb/Brush
- ❑ Toothbrush/Paste/Floss
- ❑ Sanitary Items, if needed
- ❑ Make Up, if desired
- ❑ Skin Care/Creams/Deodorant
- ❑ Razors/Shaving Cream
- ❑ Hair Dryer if desired
- ❑ Iron, if desired
- ❑ Washcloth
- ❑ Shampoo/Conditioner
- ❑ Bar of Soap
- ❑ Laundry Soap
- ❑ Water bottle(s)
- ❑ Water filter, if desired
- ❑ Snacks
- ❑ Binoculars, if desired
- ❑ Chewing Gum (*good for takeoffs/landing*)
- ❑ Small Notepad, Pen and Pencil
- ❑ Book to read, travel books for info
- ❑ Deck of cards/travel games
- ❑ Hand Sanitizer/Towlettes
- ❑ Travel Neck Pillow
- ❑ Eye Shade and Ear Plugs for plane
- ❑ Jewelry, if desired
- ❑ Small Toilet Paper Roll
- ❑ Email Addresses of Family/Friends
- ❑ Address Book
- ❑ Postcards from State/Community
- ❑ Adapters/Converters as needed
- ❑ Umbrella if necessary
- ❑ Raincoat or Lightweight Coat
- ❑ Sewing Kit
- ❑ Sink Stopper, optional
- ❑ Zip-lock Baggies
- ❑ Flashlight/Batteries
- ❑ Pain Relievers, Vitamins, Meds, Imodium or something for stomach
- ❑ Underwear/Pajamas
- ❑ Syringe (*Mark will bring these*)
- ❑ Band-Aids
- ❑ Laundry Line and Clothes Pins
- ❑ Plastic Garbage Bag
- ❑ Slippers/Socks/Travel Shoes
- ❑ Swimming Suit (*Budapest baths?*)
- ❑ Clothing- include one dressy outfit
- ❑ TOUCH T-Shirt
- ❑ Calculator (helpful w/currency)
- ❑ Gifts
- ❑ Photos of home, family, city, work
- ❑ Watch
- ❑ Collapsible Cup
- ❑ Insect repellent if needed
- ❑ Small roll of Duct/Scotch Tape
- ❑ Envelopes
- ❑ Business Cards
- ❑ Sticky Notes