



Mailing Policy for Children in The TOUCH Project



For Sponsors of a Child at the Chaslivtsi Orphanage

Over the years, we are constantly reminded that our Chaslivtsi children, who have been institutionalized most of their lives, do not have the emotional stamina of children who grow up in a home environment. We have seen that when a child at the orphanage receives a package, money or candy from their sponsors, the other children become hostile and angry at their sponsors for not sending anything. Some sponsors have been sending gifts every month. Other sponsors have never sent a package or letter. So the following policy was developed in 2007 for sending packages to the children at the Chaslivtsi Orphanage. **Again, this pertains only to sponsors of the children at the Chaslivtsi Orphanage.**

- You may send as many postcards or letters as you wish. In fact, we encourage you to do so. First class airmail letters, 1 oz. or less are \$1.05 to Ukraine. These may be sent directly to our TOUCH Coordinator:
Name of Child, T- File Number
c/o Zita Batori-Tartsi
P.O. Box 13
2/51 pr. Svobodi
Uzhhorod, 88018 UKRAINE
- You may include photos in your letters.
- Do **NOT** send money, candy, or other items in the cards. This causes problems.
- **Do not send packages except for the child's birthday. Birthday packages need to be mailed to one of our TOUCH volunteers in the U.S.** We are **not** trying to be "Scrooges", but when only some of the children are receiving gifts on holidays, it is very difficult for those who receive nothing. Carol Sweeney and Cari Gleason are long-time TOUCH sponsors who are coordinating this effort. Birthdays are unique to each child. To insure that each child receives a package on their birthday, we ask you to please follow these steps:
 1. Send your birthday gift, unwrapped to our TOUCH volunteer, Carol Sweeney, at:
Carol Sweeney
444 NW 35th Street
Corvallis, OR 97330
 2. Send the gift by the first week of the month preceding the child's birthday. For example, if your child's birthday is February 10, please send the gift to Carol by the first week in January.
 3. Birthday gift(s) must be able to fit in a box no larger than 11x8 inches and 1.25 inches deep. (see ideas on page 2)
 4. Gift(s) must not weigh more than 3 pounds.
 5. Do not wrap the gift. We will do that for you.
 6. Do not send fingernail polish, candy, gum or money.
 7. Please consider sending a birthday card and photo of yourself, family, pet, home, etc.

Carol and Cari will wrap the gifts for the children who are having a birthday that month and mail them to Ukraine. Our Ukrainian Coordinator and Program Directors will organize a special birthday party each month for those children celebrating a birthday and the packages will be distributed accordingly. This has been highly successful and lets each child know that their sponsor wants to remember them on their special day- their birthday! TOUCH volunteers also send a card to all of the Chaslivtsi children at least once each year. In addition, various Ukrainian groups give gifts at Easter and Christmas to children at the Chaslivtsi Orphanage. If you have questions about this policy, please contact Carol Sweeney by email at carolswe@peak.org, or by phone at 541-753-2464.

*****For sponsors of children in the Rehab Center, New Family Program or Pavlovo Farm Home, please read the information on page 2. We have also gathered ideas on what to include in your birthday package. Check out our suggestions on the following page.**

MAILING POLICY

For Sponsors of a Child in the New Family Program, Rehabilitation Center and Pavlovo Farm Home

The children in the New Family Program often live with a grandmother or other family member. The children who attend the Rehab Center have a mother, father or both in their homes. The young women at the Pavlovo Farm Home live in a stable home-like environment and are more mature due to their ages. Because of these situations, we encourage their sponsors to send letters, cards, and packages whenever they would like to do so. First class airmail letters, 1 oz. or less are \$1.05 to Ukraine.

Here are the mailing addresses for the children in these three programs:

For Children at the Rehabilitation Center

Name of Child, File Number
c/o Dr. Ira Roshkovych
Medical-Social Rehabilitation Center
8, Nahimova str.
Uzhhorod 88014 UKRAINE

For Children in New Family Program

Name of Child, File Number
c/o Valentina Chervonookaya, Director
The New Family Program
pl. Sandora Petofi 29/2
Uzhhorod, 88000 UKRAINE

For Young Women at Pavlovo:

Name of Woman, File Number
c/o Zita Batori-Tartsi
P.O. Box 13
2/51 pr. Svobodii
Uzhhorod, 88018 UKRAINE

Always use your child's file number (ie. NF-114) on the letter or package as some children have the same name.

Abbreviated codes are used as file numbers to describe the specific programs:

NF=New Family Program **T=Chaslivtsi Orphanage** **RC= Rehabilitation Center** **VTP= Pavlovo**

Here is a list of gift ideas submitted by sponsors and with input from U.S. children. Postage to Ukraine is not cheap so we recommend that you think of the size of the item when you are making a purchase. If you send any items that need to be plugged in, they will require an adapter. Check at AAA or another travel store for the proper adapter for Ukraine. Please do not send guns, knives or any other weapon (real or play). There is enough violence in the world without providing these children any opportunities for more. Packages & letters sent by airmail usually take 10-14 days to arrive.

A letter from their sponsor
Photos of sponsor, pets, home, parks, city, yard, neighbors
Magazines, books, newspapers
Information about your state
Postcards
Gloves/ scarf
Card games
Small games (travel type)
Flashlight with extra batteries
Purse or billfold
Stickers
Little stuffed animals
Small stuffed animals
Jewelry or watch
Flip Flops or slippers
Pad of paper, notebook
Colored pens, pencils, crayons
Small coloring or sticker book
Glue sticks
Small toy cars

Chimes
Brush, comb, barrettes for hair
Make up
Paper dolls and a scissor
Small puzzles
Lego sets
Small container of Play Doh
T-shirt
Small photo album
Baseball cards
Toothbrush and toothpaste
Shirt
Blouse or lightweight sweater
Pair of socks
Frisbee
Flower and/or vegetable seeds
CD with batteries and CDs
Magnetic games
Basketball, football, baseball
Set of jacks and marbles
"Super Hero" figures

Holiday decorations
Picture frame w/your picture
Calculator
Paint by number sets
Small Etch-a-sketch
Silly putty
Airplane model
Doll
Pajamas
Umbrella
Sunglasses
Small musical instruments
Sweatshirt
Nylons/tights (older girls)
Small radio
Lotion
Decorative pillowcase
Small backpack
Jump rope, yoyo
Small musical instruments
Learn English booklets

